

Appendix B

MEASUREMENT SCALES

DELINQUENCY

Offenses against Others

Have you ever...?

If yes, how many times?

- Physically beat up other kids.
- Hurt someone badly enough that they had to go to a doctor.
- Threatened or attacked someone with a knife, gun, or other weapon.
- Been in a gang fight.
- Taken money or other things from someone else by using force or threats.
- Picked a fight with other kids.
- Openly defied a teacher or official at school.
- Openly defied a teacher or leader at church.
- Pushed, shoved, or hit one of your parents.
- Been suspended or expelled from school.
- Cursed or sworn at one of your parents.

Offenses against Property

Have you ever . . . ?

If yes, how many times?

- Stolen anything worth between \$5 and \$50.
- Stolen anything worth less than \$5.
- Purposely ruined or damaged someone else's property or possessions.
- Taken something from a store without paying for it.
- Stolen something from someone else's locker, desk, purse, etc.
- Purposely damaged or destroyed things at school, the store, etc.
- Thrown things (rocks, bottles, eggs, garbage, etc.) at cars, people, or buildings.
- Gone on someone's property when you weren't supposed to be there.
- Stolen anything worth more than \$50.
- Taken a car or other motor vehicle without the owner's permission.
- Broken into a building, car, house, etc.

Status Offenses

Have you ever . . . ?

If yes, how many times?

- Drank alcoholic beverages (beer, wine, liquor).
- Used marijuana ("grass," "pot").
- Been drunk or high on drugs.
- Smoked cigarettes.
- Used other drugs (heroin, LSD, amphetamines, etc.)
- Used "smokeless" or chewing tobacco.
- Been involved in heavy petting.
- Used cocaine ("crack," "coke").
- Had sexual intercourse.

PEER PRESSURE FOR DELINQUENT BEHAVIOR

Offenses against Others

Has anyone pressured you to . . . ?

If yes, how many times?

- Physically beat up other kids.
- Purposely pick on other kids, make fun of them, or call them names.
- Make obscene phone calls.
- Take money or other things from someone by using force or threats.
- Curse or swear at one of your parents.
- Join in a gang fight.
- Shove or hit one of your parents.

Offenses Against Property

Has anyone pressured you to . . . ?

If yes, how many times?

- Take something from the store without paying for it.
- Steal anything worth less than \$20.
- Throw things (rocks, bottles, eggs, etc.) at cars, people, or buildings.
- Break into a building, car, house, etc.
- Take a car or other motor vehicle without the owner's permission.

Status Offenses

Has anyone pressured you to . . . ?

If yes, how many times?

- Drink alcoholic beverages (beer, wine, liquor).
- Use marijuana ("grass," "pot").
- Smoke cigarettes.
- Use "smokeless" or chewing tobacco.
- Use other drugs (heroin, LSD, amphetamines, etc.).

- Be involved in heavy petting.
- Watch sexually explicit or pornographic movies, videos, or television programs.
- Read sexually explicit or pornographic books or magazines.
- Have sexual intercourse.
- Use cocaine (“crack,” “coke”).
- Skip school without a legitimate excuse.
- Run away from home.
- Sell marijuana, cocaine, or other drugs.

PEER EXAMPLE OF DELINQUENCY

Offenses against Others

How many of your friends have done the following?

1. *None* 2. *Some* 3. *Most* 4. *All*

- Picked a fight with other kids.
- Taken money or other things from someone by using force or threats.
- Physically beat up other kids.
- Hurt someone badly enough that they had to go to a doctor.
- Openly defied a teacher or leader at school.
- Been in a gang fight.
- Threatened or attacked someone with a knife, gun, or other weapon.
- Purposely picked on other kids, made fun of them, or called them names.
- Cursed or sworn at one of their parents.
- Pushed, shoved, or hit one of their parents.
- Called someone on the telephone to threaten or bother them.
- Openly defied a teacher or leader at church.

Offenses against Property

How many of your friends have done the following?

1. *None* 2. *Some* 3. *Most* 4. *All*

- Stolen anything worth less than \$5.
- Purposely ruined or damaged someone else's property or possessions.
- Stolen anything worth between \$5 and \$50.
- Taken something from the store without paying for it.
- Purposely damaged or destroyed things at school, the store, etc.
- Stolen something from someone's locker, desk, purse, etc.
- Thrown things (rocks, bottles, eggs, garbage, etc.) at cars, people, or buildings.
- Gone on someone else's property when they weren't supposed to be there.
- Stolen anything worth more than \$50.
- Broken into a building, car, house, etc.
- Taken a car or other motor vehicle without the owner's permission.

Status Offenses

How many of your friends have done the following?

1. *None* 2. *Some* 3. *Most* 4. *All*

- Drunk alcoholic beverages (beer, wine, liquor).
- Been drunk or high on drugs.
- Smoked cigarettes.
- Used marijuana ("grass," "pot").
- Been involved in heavy petting.
- Engaged in sexual intercourse.
- Used "smokeless" or chewing tobacco.
- Watched sexually explicit or pornographic movies, videos, or television programs.
- Used other drugs (heroin, LSD, amphetamines, etc.).
- Been suspended or expelled from school.

- Used cocaine (“crack,” “coke”).
- Skipped school without a legitimate excuse.
- Created a disturbance by being loud, unruly, or disorderly at school or another public place.
- Cheated on a test.
- Run away from home.

RELIGIOSITY

Religious Beliefs

How do you feel about the following statements?

1. *Strongly Agree* 2. *Agree* 3. *Mixed Feelings*
 4. *Disagree* 5. *Strongly Disagree*

- The Book of Mormon is the word of God.
- Joseph Smith actually saw God the Father and Jesus Christ.
- Jesus Christ is the divine Son of God.
- The Lord guides the Church today through revelations to Church leaders.
- There is life after death.
- The president of the LDS Church is a prophet of God.
- God lives and is real.
- Satan actually exists.
- The Bible is the word of God.
- God really does answer prayers.

Private Religious Behavior

How often do you do the following activities?

1. *Very Often* 2. *Often* 3. *Sometimes*
 4. *Rarely* 5. *Never*

- I read the scriptures by myself.
- I pray privately.
- I pay tithing on the money I earn.
- I fast on fast Sunday.

Public Religious Behavior

How often do you do the following activities?

1. *Very Often* 2. *Often* 3. *Sometimes*
4. *Rarely* 5. *Never*

- I attend sacrament meeting.
- I attend priesthood meeting or young women's meeting on Sunday.
- I attend Sunday School.
- I participate in Church social activities.

Importance of Religion

How do you feel about the following statements?

1. *Strongly Agree* 2. *Agree* 3. *Mixed Feelings*
4. *Disagree* 5. *Strongly Disagree*

- I plan to be active in the Church.
- I plan to marry in the temple.
- I have a strong testimony of the truthfulness of the gospel.
- I am a good example of living the gospel to my friends.
- During the past year, I have really tried to live the standards of the Church.
- My relationship with God is an important part of my life.
- In my life there are more important things than religion.
- I very seldom think about religion.

Spiritual Experiences

How do you feel about the following statements?

1. *Strongly Agree* 2. *Agree* 3. *Mixed Feelings*
4. *Disagree* 5. *Strongly Disagree*

- I have been guided by the Spirit with some of the problems in my life.

- There have been times in my life when I felt the Holy Ghost.
- I know what it feels like to repent and to be forgiven.

Social Acceptance into Congregation

How do you feel about the following statements?

1. *Strongly Agree* 2. *Agree* 3. *Mixed Feelings*
4. *Disagree* 5. *Strongly Disagree*

- I am well liked by members of my ward.
- I seem to fit in very well with the people in my ward.
- I sometimes feel like an outsider in the Church.

Self-Esteem

How do you feel about the following statements?

1. *Strongly Agree* 2. *Agree* 3. *Mixed Feelings*
4. *Disagree* 5. *Strongly Disagree*

- I take a positive attitude about myself.
- All in all, I am inclined to feel like I am a failure.
- I feel like I have a number of good qualities.
- On the whole, I am satisfied with myself.
- At times, I think I am no good at all.
- I feel I do not have much to be proud of.
- I wish I could have more respect for myself.
- I feel that I'm a person of worth at least on an equal plane with others.
- I certainly feel useless at times.
- I am able to do things as well as most people.

Risk Taking

How do you feel about the following statements?

1. *Strongly Agree* 2. *Agree* 3. *Mixed Feelings*
4. *Disagree* 5. *Strongly Disagree*

- I like to take challenges or do things on a dare.
- I like to test myself every now and then by doing something a little risky.

- I get a real kick out of doing things that are a little dangerous.

Impulsiveness

How do you feel about the following statements?

1. *Strongly Agree* 2. *Agree* 3. *Mixed Feelings*
4. *Disagree* 5. *Strongly Disagree*

- I am one of those people who blurts out things without thinking.
- I often act on the spur of the moment without stopping to think.
- I am often said to be hotheaded or bad tempered.

Connection with Mother (or Father)

How do you feel about the following statements?

1. *Strongly Agree* 2. *Agree* 3. *Mixed Feelings*
4. *Disagree* 5. *Strongly Disagree*

- My mother (or father) is a person who . . .
 - Cheers me up when I am sad.
 - Gives me a lot of care and attention.
 - Is able to make me feel better when I am upset.
 - Makes me feel better after talking over my worries with her (or him).
 - Is easy to talk to.
 - Believes in showing her (or his) love for me.
 - Enjoys doing things with me.
 - Smiles at me often.
 - Makes me feel like the most important person in her (or his) life.
 - Often praises me.

Mother (or Father) Regulation

How do you feel about the following statements?

1. *Strongly Agree* 2. *Agree* 3. *Mixed Feelings*
 4. *Disagree* 5. *Strongly Disagree*

- My mother (or father) is a person who . . .
 - Knows what I do with my free time.
 - Knows where I go at night.
 - Knows how I spend my money.
 - Knows where I am most afternoons after school.
 - Knows who my friends are.

Psychological Autonomy

How do you feel about the following statements?

1. *Strongly Agree* 2. *Agree* 3. *Mixed Feelings*
 4. *Disagree* 5. *Strongly Disagree*

- My mother (or father) is a person who does not . . .
 - Stop talking to me until I please her (or him).
 - Avoid looking at me when I have disappointed her (or him).
 - Always try to change me.
 - Say if I really cared about her (or him) I would not do things that cause her (or him) to worry.
 - Only keep rules when it suits her (or him) best.
 - Want to control whatever I do.
 - Act less friendly to me if I do not see things her (or his) way.
 - Want to be able to tell me what to do all the time.
 - Always tell me how I should behave.
 - Tell me all the things she (or he) has done for me.

Family Conflict

How often do you see the following activities?

1. *Very Often* 2. *Often* 3. *Sometimes*
 4. *Rarely* 5. *Never*

- My parents argue.

- My parents yell and scream at each other when I'm around.
- My parents nag and complain about each other around the house.

DEPRESSION

Below is a list of ways you might have felt or behaved during the past week. On how many days during the week did you

- Feel bothered by things that usually don't bother you?
- Feel that you could not shake off the blues, even with help from family and friends?
- Have trouble keeping your mind on what you were doing?
- Feel depressed?
- Feel that everything you did was an effort?
- Feel you could not get going?
- Feel fearful?
- Sleep restlessly?
- Feel lonely?
- Feel sad?
- Not feel like eating; your appetite was poor?
- Talk less than usual?